

# SPORTSCO



## Facilities

- 25 metre swimming pool
- Leisure suite—spa pool, sauna, steam room, feature showers
- Fitness centre
- Aerobic & spinning studios
- 3 squash courts
- Multi-purpose sports hall
- Yoga & Pilates courses
- 4 soccer pitches
- 4 tennis courts
- Physiotherapy clinic
- Conference room
- Café / juice bar
- Changing village—adult only, disabled, family and group rooms
- Day spa
- Golf clinic
- Children's day care centre

## Corporate Membership

Annual membership, plus unlimited use of the swimming pool, leisure suite, gym and aerobic classes is €580 per person, payable annually. This works out at just over €11 per week! Other flexible membership options are available.

## Free Member Programs

- Personalised gym programs
- Gym challenges
- Pool challenges
- Range of classes included

## Contact Details

Lorna Brady, General Manager  
South Lotts Road  
Ringsend  
Dublin 4

Ph: 668 7022  
Email: [info@sportsco.ie](mailto:info@sportsco.ie)  
Web: [www.sportsco.ie](http://www.sportsco.ie)

Free parking available while using the facility

**Opening times** Mon ~ Thu 6:45am to 11pm  
Friday 6:45am to 10pm  
Sat & Sun 9am to 10pm  
Bank Holidays 2pm to 6pm

Call in any time we're open for a tour of our facilities.

